

EMPLOYMENT

University of Colorado

July 2017 to Present

Department of Family and Community Medicine

Lone Tree, CO

I serve as a primary care physician at UCHealth Lone Tree Family Practice Clinic. I am a senior instructor for the University Of Colorado School Of Medicine in the department of family and community medicine.

University of Central Florida

July 2015 to Present

Primary Care Sports Medicine Physician: Student Health Services

Orlando, FL

UCF is the second largest university in U.S. with 60,000 students. UCF Student Health Services has earned the number sixth spot in the annual Princeton Review's best health services in the nation. Serve as one of two fulltime sports medicine physicians available at Student Health Services to all UCF students and athletes with a focus to prevent and treat sports or exercise related injuries; in-office and training room evaluation of acute and chronic musculoskeletal injuries, concussion management, management of athletes with acute illness, medical management of athletes with chronic illnesses, joint and other musculoskeletal injections, and other injury prevention evaluations. Provide event coverage for NCAA Division One events, football, men's and women's soccer, men's and women's basketball, and baseball.

POST-GRADUATE TRAINING

Meharry Medical College

July 2014 to June 2015

Primary Care Sports Medicine Fellow: Department of Family and Community Medicine

Nashville, TN

A single fellow program; primary care medical training in assessment, treatment, and management of sports injuries in compassionate, ethical and economical manner; work with athletes from the point of injury through diagnosis, treatment, and rehabilitation processes; provide coverage and treatment for NCAA Division One and NAIA Athletes, and serve as a team physician for Tennessee State University, Hendersonville High School, Beech High School, Nashville Roller Girls, and Fisk University.

The University of Texas Medical School at Houston

July 2013 to June 2014

Chief Resident: Department of Family and Community Medicine

Houston, TX

A 36 resident program; administrative responsibility for Lyndon B. Johnson General Hospital and Acres Homes Clinic; responsible for creating residents' hospital, cross cover, and obstetrics monthly schedules; assign residents to and enforce rotation back up responsibilities as needed; re-design board review lectures by incorporating new didactic materials, writing exam questions, uploading and managing information on Blackboard, and analyzing test results.

The University of Texas Medical School at Houston

July 2011 to June 2014

Intern and Resident: Department of Family and Community Medicine

Houston, TX

Completed PGY-1, PGY-2 and PGY-3 required rotations at UTHealth's affiliated hospitals Memorial Hermann Hospital-Texas Medical Center (MHH-TMC) and Lyndon B. Johnson General Hospital (LBJ Hospital). Continuity family practice clinic at Harris County's Acres Home Clinic with an average of 22 patients per day, and accumulated over 2000 outpatient adult and pediatric clinic visits. Over 55 obstetric deliveries performed.

EDUCATION

Ross University School of Medicine

Sept. 2006 to Nov. 2010

Doctor of Medicine

The University of Texas at Austin

Sept. 2002 to May 2006

Bachelor of Science Degree: Psychology Major

HONORS AND AWARDS

Excellence in Family Medicine Award (Achievement in Clinical Rotations)

2011.2014

The University or Texas Medical School at Houston Family Medicine Residency Program

2012

Outstanding Family Medicine PGY 1 Award

The University or Texas Medical School at Houston Family Medicine Residency Program

Most Outstanding Medical Student (Rush University Psychology Medical Core Rotation)

2009

Rush University Medical Center: The Isaac Ray Center, Inc. Ross University School of Medicine

The National Deans List

2005

The University of Texas at Austin

CERTIFICATIONS AND LICENSURES

State Medical License: Tennessee, Texas, & Florida. Valid: DEA, NPI. Board Certified Physician in Family & Community Medicine Certificate of Added Qualifications in Sports Medicine Advanced Life Support in Obstetrics (ALSO)

Advanced Cardiac Life Support (ACLS)

Merek Clinical Training Program for Nexplanon (etonogestrel implant)

VOLUNTEER EXPERIENCE

The University of Central Florida Athletic Association

Aug. 2015 to May 2017 **Event Coverage** Orlando, FL

I have provided over 300 additional volunteer after hour event coverage for NCAA Division One events, football, men's and women's soccer, men's and women's basketball, and baseball.

United States Olympic Team

July 2016

Volunteer Physician Colorado Springs, CO

I served as the on-site physician for the United States Olympic Team training facility. Athletes and para-athletes were preparing for the Rio Olympic Games. Sports included swimming, men's gymnastics, wrestling, pentathlon, weight lifting, and shooting.

2015 Cowtown Marathon

March 2015

Single Event Coverage

Fort Worth, TX

Main medical tent volunteer physician; I provided medical coverage to athletes needing assistance during the race.

2014 Tennessee Silver Gloves Boxing

December 2014

Pound for Pound Gym

Nashville, TN

Ringside physician for the Tennessee Silver Gloves boxing state amateur championship two-day event; I was responsible for pre-fight physical exams, ringside medical coverage and post-fight physicals.

2013 Houston Chevron Marathon

January 2013

Single Event Coverage

Houston, TX

As a member of the finish line medical team, I provided medical coverage to athletes needing assistance at the end of the

Houston Academy of Medicine Annual Boy Scout Physicals

June 2012

Houston Academy of Medicine

Houston, TX

Volunteered for an annual event to provide low-income boys and their family free sports physicals; required to attend the Boy Scout summer camp.

Memorial Hermann Ironman Texas

May 2012 Woodlands, TX

Single Event Coverage

Main medical tent volunteer physician; I was directly responsible for 3-bed unit.

Volunteer Member for the Salybia Mission Project

December 2007

Ross University School of Medicine

Dominica, W.I.

The Salybia Mission Project is a Ross University student organization that was created to serve the indigenous population of Dominica, W.I. As a member of the organization, I worked alongside fellow medical school students and a local physician. Together we staffed a monthly walk in clinic for the indigent population of the island.

CONFERENCES AND WORKSHOPS

AMSSM Advanced Team Physician Course American Medical Society Sports Medicine

December 2015

Austin, TX

The Advanced Team Physician Course is a collaborative effort between ACSM, AMSSM and AOSSM. The course was designed to provide up-to-date information on the evaluation and treatment of medical illnesses and musculoskeletal injuries occurring in competitive and recreational athletes.

Ultrasound Guided Injection Workshop

August 2014

Andrews Sports Medicine and Orthopaedic Center

Birmingham, AL

Sponsored by Andrews Sports Medicine and Orthopaedic Center, content included diagnostic ultrasound techniques and human cadaver lab to practice ultrasound-guided injections.

2014 AMSSM 23rd Annual Meeting

April 2014

American Medical Society Sports Medicine

New Orleans, LA

The conference was designed to be a review and update covering a wide range of sports medicine topics, utilizing a multidisciplinary approach. The program offered stimulating and expert national and international speakers.

Annual Family Medicine Chief Resident Conference

June 2013

Fort Worth, TX

The University of North Texas Health Science Center The conference was designed for incoming family medicine chief residents in Texas to strengthen leadership qualities and improve conflict management skills.

5th Annual Evidence Based Medicine Workshop

May 2013

The University of Texas Medical School at Houston

Houston, TX

Sponsored by The University of Texas Medical School at Houston, the purpose of the workshop was to provide strategies to efficiently and effectively interpret and apply medical literature to patient care.

UNDERGRADUATE RESEARCH EXPERIENCE

Research Assistant for Michael J. Telch, Ph.D., Professor of Psychology

Jan. to May 2006

Austin, TX

Research focused on agoraphobia, anxiety and phobic disorders, behavioral medicine, behavioral therapies, cognitive processes of behavior change, and therapy outcome evaluation.

Research Assistant for Rebecca Bigler, Ph.D., Professor of Psychology

Jan. to May 2006

The University of Texas at Austin

The University of Texas at Austin

Austin, TX

Research focused on social cognition in children, gender role development, and racial stereotyping.